




# Women's Wellness Package

Early detection is key, and our packages offer the necessary screenings and services to ensure your well-being.

Screenings can help identify risk factors for various diseases, allowing women to take proactive steps to reduce their risk. Regular screenings can detect health conditions early when they are often more treatable and manageable. For example, mammograms can detect breast cancer in its early stages, potentially improving treatment outcomes.



 @IJN.Malaysia  
 INSTITUT JANTUNG NEGARA -  
 The National Heart Institute of Malaysia  
 @ijnmalaysiaofficial  
 Institut Jantung Negara,  
 145 Jalan Tun Razak,  
 50400 Kuala Lumpur,  
 Malaysia

CCD/202407/WC/WWP

# Women's Wellness Package

RM1,000

## Operational Hours

Monday - Friday: 7.30am - 5.00pm  
Saturday: 7.30am - 1.00pm  
Sunday & Public Holiday: Closed

## For more information or to make an appointment:

+603 2600 6421/6423  
+6019 323 2659  
wellness@ijn.com.my

## Package Content

### General Assessment

Physical Examination  
Body Mass Index (BMI)  
Blood Pressure & Heart Rate

### Cardiac Service Investigation

Electrocardiogram (ECG)  
Exercise Treadmill Stress Test OR  
2D Echocardiogram

### Imaging Investigation

Chest X-Ray

### Physiotherapy

Spirometry

### Laboratory Tests

Urine FEME  
Flood Blood Count  
Kidney Function Test  
Uric Acid  
Liver Function Test  
Fasting Blood Sugar  
Fasting Serum Lipid  
Thyroid Function Test

### Women's health Screening (>40 years old)

Mammogram

Consultation by Cardiology  
Clinical Specialist  
Refreshments  
Report Summary

## Add-On Packages

### Anaemia Screening **RM150**

Comprehensive blood test to determine  
the risk of anaemia.

#### BLOOD INVESTIGATION

Full Blood Picture  
Iron Studies  
Serum Vitamin B12  
Serum Folate

### Infective Screening **RM150**

Comprehensive test to determine the risk  
or presence of infectious diseases.

#### BLOOD INVESTIGATION

Hepatitis A IgM Antibody  
Hepatitis A IgG Antibody  
Hepatitis B Surface Antigen  
Hepatitis B Antibody  
Hepatitis C  
Anti HIV (Screening)  
VDRL

