




Essential Heart Screening

A physical fitness and wellness assessment to make sure you're at your best.

Heart attacks can happen due to a blockage in your coronary arteries. This is why the Essential Heart Screening offers a stress test with 70% accuracy to detect these blockages and reduce the risk of an attack.



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 Malaysia

CCD/202407/WC/EH

Essential Heart Screening

RM900

Package Content

General Assessment

- Physical Examination
- Body Mass Index (BMI)
- Blood Pressure and Heart Rate

Cardiac Service Investigation

- Electrocardiogram (ECG)
- Exercise Treadmill Stress Test OR 2D Echocardiogram

Imaging Investigation

- Chest X-Ray

Physiotherapy

- Spirometry

Laboratory Tests

- Urine FEME
- Full Blood Count
- Kidney Function Test
- Uric Acid
- Liver Function Test
- Fasting Blood Sugar
- Fasting Serum Lipid
- Thyroid Function Test (FT4 & TSH)

- + **Consultation by Cardiology Clinical Specialist**
- + **Refreshments**
 - Provided after each session
- + **Report Summary**



Add-On Packages

Imaging

• MSCT Coronary Screening*

A test to determine coronary artery blockages and risks of a heart attack.

• LDCT Chest Screening*

A scan that provides detailed images of your lungs to determine the risk of lung cancer.

• Stroke Screening **RM1500**

An ultrasound scan of the arteries in your neck and MRI Brain with MRA to detect blockages and determine the risk of a stroke.

• Women's Health Screening

A comprehensive series of tests for female physical and reproductive health.

BELOW 40 **RM400**

- Ultrasound Abdomen & Pelvis
- Ultrasound Breast
- Pap Smear (Thin Prep)

ABOVE 40 **RM500**

- Ultrasound Abdomen & Pelvis
- 3D Mammogram
- Pap Smear (Thin Prep)

For more information or to make an appointment:

- ☎ +603 2600 6421/6423
- ☎ +6019 323 2659
- ✉ healthscreeningcentre@ijn.com.my

Laboratory

• Anaemia Screening **RM150**

Comprehensive blood tests to determine the risk of anaemia.

BLOOD INVESTIGATION

- Full Blood Picture
- Iron Studies
- Serum Vitamin B12
- Serum Folate

• Infective Screening **RM150**

Comprehensive tests to determine the risk or presence of infectious diseases.

BLOOD INVESTIGATION

- Hepatitis A IgM antibody
- Hepatitis A IgG antibody
- Hepatitis B Surface Antigen
- Hepatitis B Antibody
- Hepatitis C
- Anti HIV (screening)
- VDRL

• Cancer Screening **RM150**

General and targeted tests to determine the risk or presence of cancer.

MALE

- Carcino-Embryonic Antigen (CEA)
- Alpha Fetoprotein
- Prostate Specific Antigen (PSA)
- Carbohydrate Antigen 19-9 (Ca 19-9)

FEMALE

- Carcino-Embryonic Antigen (CEA)
- Alpha Fetoprotein
- Ovarian Cancer (Ca – 125)
- Breast Cancer (Ca-15-3)
- Carbohydrate Antigen 19-9 (Ca 19-9)

*Screening prices are determined on a case-to-case basis and will be made available upon request.