



INSTITUT JANTUNG NEGARA
National Heart Institute



Sports Cardiology

Health Screening Package



For more information or
to make an appointment:

+603 2617 8844

+6019 323 2659

healthscreeningcentre@ijn.com.my

www.ijn.com.my

@IJN.Malaysia/
INSTITUT JANTUNG NEGARA -
The National Heart Institute of Malaysia

@ijnmalaysiaofficial

145, Jalan Tun Razak,
50400 Kuala Lumpur, Malaysia.

Operational Hours

Monday - Friday: 7.30am - 5.00pm

Saturday: 7.30am - 1.00pm

Sunday & Public Holiday: Closed

CCD/202506/WC/SC

Sports Fitness Screening

RM1,788

Package Content

General Assessment

- Physical Examination
- Body Mass Index (BMI)
- Blood Pressure and Heart Rate

Cardiac Investigation

- Electrocardiogram (ECG)
- Echocardiogram
- Exercise Stress Echocardiogram

Laboratory Tests

- Urine FEME
- Full Blood Count
- Kidney Function Test
- Uric Acid
- Liver Function Test
- Fasting Blood Sugar
- Fasting Serum Lipids
- HbA1C
- High Sensitivity C-Reactive Protein (Hs-CRP)
- Thyroid Function Test (TFT)

Imaging Investigation

- Chest X-Ray

+ Body Composition Analysis & Consultation With Exercise Physiotherapist

+ Consultation By Sports Cardiologist

+ Refreshments

+ Report Summary

Options To Add On

- A. CT Calcium Score +
CT Coronary Angiography
RM2500
- B. VO2 Max + Sports Physician
Consultation
RM700
- C. Sports Diet Counselling
RM65
- D. Exercise session with Exercise
Physiologist
RM205 per session

Sports Endurance Screening

RM2,200

Package Content

General Assessment

- Physical Examination
- Body Mass Index (BMI)
- Blood Pressure and Heart Rate

Cardiac Investigation

- Electrocardiogram (ECG)
- Echocardiogram
- Cardio-Pulmonary Exercise
Test (VO2 Max)

Laboratory Tests

- Urine FEME
- Full Blood Count
- Kidney Function Test
- Uric Acid
- Liver Function Test
- Fasting Blood Sugar
- Fasting Serum Lipids
- HbA1C
- High Sensitivity C-Reactive Protein (Hs-CRP)
- Thyroid Function Test (TFT)

Imaging Investigation

- Chest X-Ray

+ Body Composition Analysis & Consultation With Exercise Physiotherapist

+ Sports Nutrition Consultation

+ Consultation By Sports Cardiologist

+ Consultation By Sports Medicine Specialist

+ Refreshments

+ Report Summary

Options To Add On

- A. CT Calcium Score +
CT Coronary Angiography
RM2500
- B. Exercise session with Exercise
Physiologist
RM205 per session