

Essential Heart Screening

A physical fitness and wellness assessment to make sure you're at your best.

Heart attacks can happen due to a blockage in your coronary arteries. This is why the Essential Heart Screening offers a stress test with 70% accuracy to detect these blockages and reduce the risk of an attack.



Essential Heart Screening

RM900

Operational Hours

Monday - Friday: 7.30am - 5.00pm
Saturday: 7.30am - 1.00pm
Sunday & Public Holiday: Closed

For more information or to make an appointment:

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Package Content

General Assessment

- Physical Examination
- Body Mass Index (BMI)
- Blood Pressure and Heart Rate

Cardiac Service Investigation

- Electrocardiogram (ECG)
- Exercise Treadmill Stress Test OR 2D Echocardiogram

Imaging Investigation

- Chest X-Ray

Physiotherapy

- Spirometry

Laboratory Tests

- Urine FEME
- Full Blood Count
- Kidney Function Test
- Uric Acid
- Liver Function Test
- Fasting Blood Sugar
- Fasting Serum Lipid
- Thyroid Function Test (FT4 & TSH)

+ Consultation by Cardiology Clinical Specialist

+ Refreshments

- Provided after each session

+ Report Summary



Add-On Packages

Imaging

• CT Scan Calcium Score and Full Coronary Artery*

A test to determine coronary artery blockages and risks of a heart attack.

• LDCT Chest Screening*

A scan that provides detailed images of your lungs to determine the risk of lung cancer.

• Stroke Screening **RM1500**

An ultrasound scan of the arteries in your neck and MRI Brain with MRA to detect blockages and determine the risk of a stroke.

• Women's Health Screening

A comprehensive series of tests for female physical and reproductive health.

BELOW 40 **RM400**

- Ultrasound Abdomen & Pelvis
- Ultrasound Breast
- Pap Smear (Thin Prep)

ABOVE 40 **RM500**

- Ultrasound Abdomen & Pelvis
- 3D Mammogram
- Pap Smear (Thin Prep)

3D MAMMOGRAM ONLY **RM280**

- For women 40 years old & above

*Screening prices are determined on a case-to-case basis and will be made available upon request.

Laboratory

• Anaemia Screening **RM150**

Comprehensive blood tests to determine the risk of anaemia.

BLOOD INVESTIGATION

- Full Blood Picture
- Iron Studies
- Serum Vitamin B12
- Serum Folate

• Infective Screening **RM150**

Comprehensive tests to determine the risk or presence of infectious diseases.

BLOOD INVESTIGATION

- Hepatitis A IgM antibody
- Hepatitis A IgG antibody
- Hepatitis B Surface Antigen
- Hepatitis B Antibody
- Hepatitis C
- Anti HIV (screening)
- VDRL

• Cancer Screening **RM150**

General and targeted tests to determine the risk or presence of cancer.

MALE

- Carcino-Embryonic Antigen (CEA)
- Alpha Fetoprotein
- Prostate Specific Antigen (PSA)
- Carbohydrate Antigen 19-9 (Ca 19-9)

FEMALE

- Carcino-Embryonic Antigen (CEA)
- Alpha Fetoprotein
- Ovarian Cancer (Ca - 125)
- Breast Cancer (Ca-15-3)
- Carbohydrate Antigen 19-9 (Ca 19-9)